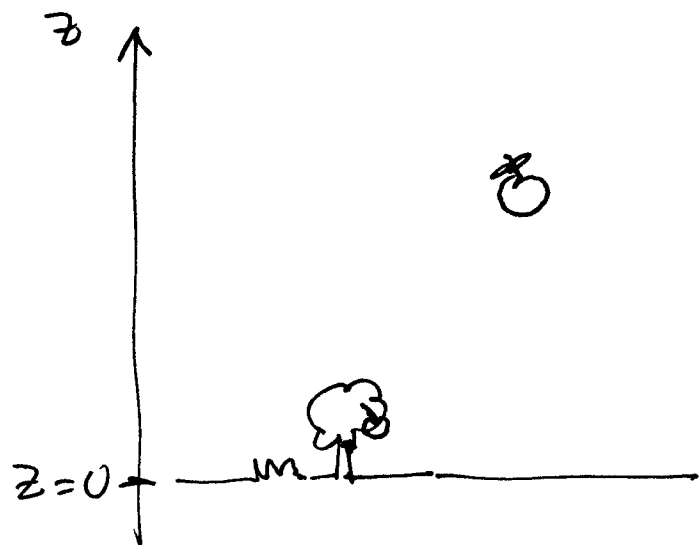


(1)

N2 : Free fall in the Flat-Earth approximation.



$$F = m\ddot{z}$$

$$\uparrow -mg$$

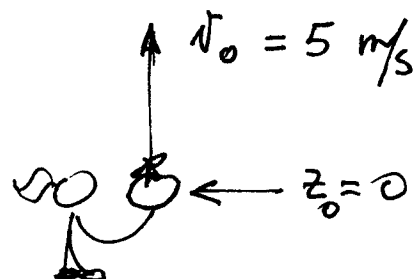
$$-mg = m\ddot{z}$$

$$\rightarrow \boxed{\ddot{z} = -g}$$

$$\ddot{z} = -g \rightarrow \begin{cases} v = \dot{z} & \textcircled{1} \\ \dot{v} = -g & \textcircled{2} \end{cases}$$

$$\textcircled{2} \rightarrow v = -gt + A$$

$$\textcircled{1} \rightarrow z = -\frac{1}{2}gt^2 + At + B$$

At $t=0$:

$$v_0 = A = 5 \text{ m/s}$$

$$z_0 = B = 0$$

$$\rightarrow z = -\frac{1}{2}gt^2 + (5 \text{ m/s})t$$

Slightly different approach:

$$v = \dot{z} \quad (1)$$

$$\dot{v} = -g \quad (2)$$

Integrate (2): $\frac{dv}{dt} = -g$

$v(t)$ same $t \rightarrow t$

$$\int_{v_0}^{v(t)} dv = -g \int_0^t dt$$

$$v(t) - v_0 = -gt$$

$$\rightarrow \boxed{v(t) = v_0 - gt}$$

Integrate ① : $\frac{dz}{dt} = v = v_0 - gt$

$$\int_{z_0}^{z(t)} dz = \int_0^t (v_0 - gt) dt$$

$$z(t) - z_0 = v_0 t - \frac{1}{2}gt^2$$

$$z(t) = z_0 + v_0 t + \frac{1}{2}gt^2$$

(4)

Integrating the EOM when F is a function of position only.

The EOM is $m \frac{dv}{dt} = F(x)$

$$m dv = \underbrace{F(x) dt}_{\uparrow ?}$$

Use $v = \frac{dx}{dt} \rightarrow dt = \frac{dx}{v}$

Then

$$m dv = F(x) \frac{dx}{v}$$

$$\int_{v_0}^{v(x)} m v dv = \int_{x_0}^x F(x) dx$$

(5)

$$\frac{1}{2}mv^2 - \frac{1}{2}mv_0^2 = \int_{x_0}^x F(x) dx$$

$$T - T_0 = \underbrace{\quad}_{W(x_0 \rightarrow x)}$$

This is the work-KE theorem.

If $F(x)$ can be written as $F(x) = -\frac{dV(x)}{dx}$

$$T - T_0 = - \int_{x_0}^x \frac{dV}{dx} \cdot dx = - \int_{V(x_0)}^{V(x)} dV = V_0 - V(x)$$

$$T(x) + V(x) - [T_0 + V_0] = 0$$

$V(x)$ is the potential energy associated with F .

A handy tool is the energy diagram:

