

## Lecture 15

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In last lecture, we introduced  $L$ -smooth functions and proved an important property of those functions. We summarize and show more properties of  $L$ -smooth function as follows.

**Lemma 1 (Properties of Smooth Functions)** *If  $f$  is  $L$ -smooth, then for any  $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$ , we have*

$$\begin{aligned} (1) \quad & f(\mathbf{x}) \leq f(\mathbf{y}) + \nabla f(\mathbf{y})^\top (\mathbf{x} - \mathbf{y}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|_2^2; \\ (2) \quad & (\nabla f(\mathbf{x}) - \nabla f(\mathbf{y}))^\top (\mathbf{x} - \mathbf{y}) \leq L \|\mathbf{x} - \mathbf{y}\|_2^2. \end{aligned}$$

*If  $f$  is in addition convex, we have*

$$\begin{aligned} (3) \quad & f(\mathbf{x}) \geq f(\mathbf{y}) + \nabla f(\mathbf{y})^\top (\mathbf{x} - \mathbf{y}) + \frac{1}{2L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2; \\ (4) \quad & (\nabla f(\mathbf{x}) - \nabla f(\mathbf{y}))^\top (\mathbf{x} - \mathbf{y}) \geq \frac{1}{L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2. \end{aligned}$$

**Remark 1** *If  $f$  is twice differentiable, then there is an equivalent, and perhaps easier, definition of smoothness:  $f$  is smooth if there exists a constant  $L > 0$  such that  $\nabla^2 f(\mathbf{x}) \preceq L\mathbf{I}$ , where  $\mathbf{I}$  is an identity matrix. In other words, the largest eigenvalue of the Hessian of  $f$  is uniformly upper bounded by  $L$  everywhere.*

Now we introduce strongly convex functions, which basically are convex functions that subtracting a quadratic function from it remains convex.

**Definition 1 (Strongly Convex Function)**  *$f(\mathbf{x})$  is  $\mu$ -strongly convex if  $f(\mathbf{x}) - \frac{\mu}{2} \|\mathbf{x}\|_2^2/2$  is convex, where  $\mu > 0$ . The positive constant  $\mu$  is called the modulus of strong convexity of  $f$ .*

Strongly convex functions also have several properties. We summarize them in the following lemma.

**Lemma 2 (Properties of Strongly Convex Functions)** *If  $f$  is a  $\mu$ -strongly convex function, then for any  $\mathbf{x}, \mathbf{y} \in \text{dom } f$ , we have*

$$\begin{aligned} (1) \quad & f(\alpha\mathbf{x} + (1 - \alpha)\mathbf{y}) \leq \alpha f(\mathbf{x}) + (1 - \alpha)f(\mathbf{y}) - \frac{\mu}{2} \alpha(1 - \alpha) \|\mathbf{x} - \mathbf{y}\|_2^2, \text{ for any } \alpha \in [0, 1]; \\ (2) \quad & f(\mathbf{x}) \geq f(\mathbf{y}) + \nabla f(\mathbf{y})^\top (\mathbf{x} - \mathbf{y}) + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|_2^2; \\ (3) \quad & (\nabla f(\mathbf{x}) - \nabla f(\mathbf{y}))^\top (\mathbf{x} - \mathbf{y}) \geq \mu \|\mathbf{x} - \mathbf{y}\|_2^2; \\ (4) \quad & f(\mathbf{x}) \leq f(\mathbf{y}) + \nabla f(\mathbf{y})^\top (\mathbf{x} - \mathbf{y}) + \frac{1}{2\mu} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2; \\ (5) \quad & (\nabla f(\mathbf{x}) - \nabla f(\mathbf{y}))^\top (\mathbf{x} - \mathbf{y}) \leq \frac{1}{\mu} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2. \end{aligned}$$

As we can see, these properties are analogous to those of smooth functions, hence we omit the proof here.

**Remark 2** *If  $f$  is twice differentiable, then there is an equivalent, and perhaps easier, definition of strong convexity:  $f$  is strongly convex if there exists a constant  $\mu > 0$  such that  $\nabla^2 f(x) \succeq \mu \mathbf{I}$ , where  $\mathbf{I}$  is an identity matrix. In other words, the smallest eigenvalue of the Hessian of  $f$  is uniformly lower bounded by  $\mu$  everywhere.*

**Remark 3** *Recall that if a function is  $L$ -smooth, the largest eigenvalue of the Hessian of  $f$  is uniformly upper bounded by  $L$  everywhere. Thus, strongly convexity can be deemed as an analogy to smoothness. By imposing strongly convexity and smoothness together, we basically require that the smallest eigenvalue of the Hessian of  $f$  is bounded away from zero, and the largest eigenvalue of the Hessian of  $f$  is bounded from above, i.e.,  $\mu \mathbf{I} \preceq \nabla^2 f(\mathbf{x}) \preceq L \mathbf{I}$ . In particular, we must have  $\mu \leq L$  for the same function  $f$ .*

Recall that we have proved the following theorem regarding the convergence rate of gradient descent method for  $L$ -smooth functions.

**Theorem 1** *If  $f$  is convex and  $L$ -smooth, then the gradient descent with stepsize  $\eta = 1/L$  satisfies*

$$f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \leq \frac{L \|\mathbf{x}_1 - \mathbf{x}^*\|^2}{2t}.$$

In the proof of this theorem, we have also showed that the function value is monotonically decreasing. We summarize it in the following lemma.

**Lemma 3** *Under the same conditions of Theorem 1, we have*

$$f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|_2^2.$$

In fact, we can show that not only the function value is monotonically decreasing, but also the estimation error of the iterate is monotonically decreasing.

**Lemma 4** *Under the same conditions of Theorem 1, we have*

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|_2 \leq \|\mathbf{x}_t - \mathbf{x}^*\|_2 - 1/L^2 \cdot \|\nabla f(\mathbf{x}_t)\|_2^2$$

We are going to prove it next time.