Growth vs. fixed mindset

Write a paragraph about specific examples in your personal experience in previous mathematics courses that aligned with the video¹ you just watched.

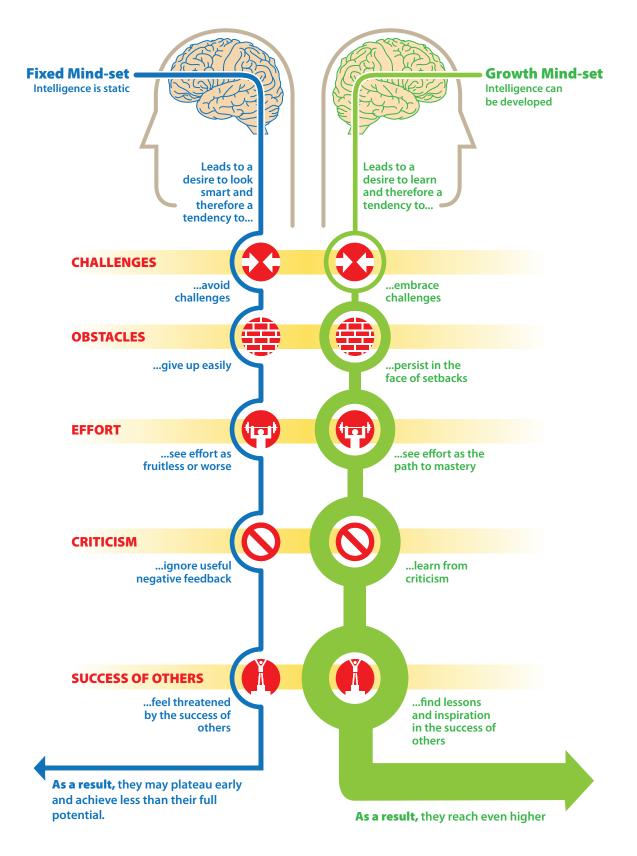
Course policy on supportive $language^2$

Students are not allowed to make disparaging comments, at any time or for any reason, about themselves, their mathematical ability, their peers, or the abilities of their peers. Here are some examples.

Not allowed	Acceptable replacement
I can't do this.	I am still learning how to do this.
That was stupid.	That was a productive mistake.
I'm an idiot.	This is going to take careful thought.
I'll never understand this.	This might take me a long time and a lot of work to figure out.
This is impossible.	There is something interesting and subtle in this problem.

¹ "The Power of Belief" by Eduardo Briceño. https://www.youtube.com/watch?v=pN34FNbOKXc ²adapted from Ben Braun (Univ. Kentucky)

Two Mindsets



Graphics by Nigel Holmes based on research by Carol Dweck http://dww.ed.gov DOINGWHATWORKS